

## Primary PE Action Plan Mary Rose School 2016 - 2017

In February 2013 Ofsted produced a report: Beyond 2012 – outstanding physical education for all. From this report there was evidence of improvements to areas with the delivery of PE especially those in the Primary sector. As a result the Government announced new funding of £150 million for physical education (PE) and sport. This funding should be used to improve the quality and breadth of PE and sport provision. The funding is to improve the quality and breadth of PE and sport provision, including increasing participation in PE and sport so that all pupils develop healthy lifestyles and reach the performance levels they are capable of.

Action: Increase participation rates in activities such as games, gymnastics, dance and swimming					
		Resources	By whom?	What will the impact be?	Review date
Lunch time activities	<p>Provide training to all new staff on structured 'Playground Activities' Refresh training for current staff</p> <p>Purchase equipment to ensure new playground activities are well resourced</p> <p>Develop a range of activities and resources which can be used for specific playground equipment such as the traversing wall and the sunken trampoline</p>	<p>Inset (2 hrs)</p> <p>Playground equipment £500</p> <p>£150 for specific equipment and resources – incorporate these into the general playground activity inset.</p>	<p>PE team to provide afterschool inset for all Ta's in inclusive playground activities</p> <p>KS1 and 2 Co-coordinators. Over seen by KT</p> <p>KT</p>	<p>Pupils will have access to structured physical activities everyday</p> <p>Less behavior issuers during free time (breaks)</p>	<p>Training and new equipment in place by feb half term</p> <p>Review activities termly – link with KS topic themes</p> <p>KT to review impact of activities with KS coordinators on a termly bases</p>

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<p>Out of Hour Learning</p> <p>Eg After School Clubs and Holiday programmes</p>	<p>Rebrand after school clubs and how information is shared with parents, careers and pupils.</p> <p>Expand after school clubs opportunities by providing a range of clubs over different days. These clubs are to support pupil's health and physical wellbeing so should include a diverse range. Clubs to include: Swimming, games, bush craft, outdoor learning, cooking, movement eg sensory and yoga</p> <p>Expand clubs for both pupils and families to promote healthy wellbeing</p> <p>Provide staff with training to be more confident to run alternative activities</p>	<p>Time. Parent questioners – what do they want? £50</p> <p>Staff costs – 1 hour over time for TAs</p> <p>Coaches - £15 ph</p> <p>KT to establish a working party to provide a range of activities that rotate termly – Time</p> <p>Equipment and resources for expansion £1000</p> <p>Twilight inset KT/HR/MW to lead</p>	<p>SLT KT</p> <p>HR KT SN SF new coaches/external providers</p> <p>HR KT SF</p> <p>HR KT</p> <p>HR/KT/MW/SF/DB/AW/British</p>	<p>Wider range of opportunities for more pupils to take up a range of activities to promote physical and healthy wellbeing.</p> <p>Allow families to come together to share experiences in fun and exciting ways in promoting healthy wellbeing. Provide contacts to families for external organisations where activities are on offer</p> <p>A variety of alternative wellbeing clubs on offer</p>	<p>Termly</p>
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	<p>Working in partnership with the watersports program, provide opportunities during the school holidays for pupils and their families to participate in watersports such as katanueing</p> <p>Working in partnership with For Purbrook Activity Centre provide opportunities during the school holidays for pupils and their families in OAA</p>	<p>Cost of a coach £15 per hour = £90 per day 2 coaches need = £180 per day 10 week program with 2 coaches £1,800</p> <p>Cost of a coach £15 per hour = £90 per day 2 coaches need = £180 per day 12 week program with 2 coaches £2,160</p>	<p>Canoeing</p> <p>HR/KT/SF/MW/AW/ Fort Purbrook</p>	<p>Opportunities for pupils and families to be supported in participating a range of physical and healthy wellbeing activities throughout the school hoildays</p>	<p>Half termly review</p> <p>Review after every holiday program</p>
KS2 residential	<p>Expanding on the previous years first KS2 residential, work with community partners at For Purbrook activity center, to provide pupils in KS2 with a 2 night, 3 day residential which includes a day of outdoor adventurous activities</p>	<p>£75 per head plus food</p> <p>Approx. 12 pupils and 5 adults</p>	<p>HR AW KS2 teams</p>	<p>Providing young people with the opportunity to participate in a residential in familiar and secure settling. Pupils will have opportunity to participate in a range of physical activities developing their self confidence, self esteem, and physical well being</p>	<p>Residential to take place in May. Reviewed in June/July 2017</p>

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	May				
Embed our cross curricular approach to PE, Sport and Outdoor Education	<p>Continue to provide opportunities to have an enriched cross curricular curriculum supported with offsite delivery. Share good practice with other special schools during the HIOW SEND meeting</p> <p>Activities to include</p> <p>Swimming – Mountbatten</p> <p>Gymnastics – Portsmouth gymnastics center</p> <p>OAA – Fort Widley Equestrian center Fort Purbrook</p> <p>Watersports</p> <p>Portsmouth Judo</p>	<p>Cases studies to show impact – Time – KT/SF/HR/MW/AW/JD</p> <p>Termly meetings at HIOW SEND forum – 2 hours cover required</p> <p>Free for school usage</p> <p>£18 per hour</p> <p>£50 Per hour</p> <p>£30 per session Cost of SF</p> <p>£12 per hour</p>	All PE team – HR KT SF AW SN MW CD PH ST	<p>Pupils will have the opportunity to participate in extended activities from the PE curriculum which they will have access to outside the school hours.</p> <p>Pupils will have the opportunity to familiarize themselves with the environments. Parents to be informed of the opportunities availed to them as a family</p> <p>Cross curricular approach will allow pupils to access physical activities not only in their PE lessons</p>	Termly

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Action: Increase and have success in competitive school sport					
		Resources	By Whom?	Impact	Review
Hampshire and IOW inclusive competition booklet	All KS2 classes to have accessed at least 1 competition from the Hampshire and IOW competition booklet	2 classes per term out for the day.  £100 per term = £300	MC HR KT AW	Pupils have opportunities to inclusive competitions. Pupils are open to develop SMSC through competition	Termly – which classes have competed  July
Level 1 competition (intra School)	Set up a school teams system which as a whole school approach (not just PE and Sport)  Level 1 (intra) school competition in place for all pupils to have access to competition	Time. Working group established including PE team. PE team to share successes of Level 1 competition and how to expand on this to have a whole school approach.  team to devise a level one competition format  Equipment £1000 over the year	SLT WLT PE Team	All pupils will have access to competitive opportunities.  Pupils will develop skills such as turn taking, cooperation, communication and leadership	Autumn format in place by oct 16
Hampshire School Games	Entre 1 team into the Hampshire School Games	Specific coaching towards the event(summer term-	KT	Pupils will have the opportunity to compete at Level 3 (county level)	July

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		bronwin?) Travel costs		competition against pupils of a similar ability from across the county.	
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Action: Provide a PE Curriculum that is inclusive to all					
		Resources	By Whom?	Impact	Review
Review PE long term plans	PE long term plan was reviewed in July 2016 to reflect our school values. Continue to review the curriculum to ensure breath, coverage and inclusiveness for all ensuring pupils health and physical wellbeing is at the heart of it.	PE team time = half a day	HR MC KT AW MW CD PH SF	Ensuring that all pupils have success to a broad and inclusive pe curriculum	Term 1 – Decemabr 2016 Term 2 April 2017 Term 3 – July 2017
Specialised Coaching	Sustain opportunities for specialized coaching within the curriculum E.G – Judo Horse riding	Cost for coach approx. £15 ph	HR MC KT AW MW CD PH SF	Ensuring that all pupils have success to a broad and inclusive pe curriculum	April 2017

Action: Develop a range of provisional and alternative sporting activities.					
		Resources	By Whom?	Impact	Review
See previous points above					

Action: Continue to develop partnership work on physical education with other school and local partners

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		Resources	By Whom?	Impact	Review
<p>Continue to lead on National YST work through Project ability and Inclusion Partnership</p> <p>Watersports Hub Innovation Schools</p> <p>School Games Gold School</p>	<p>Continue to work on the National Project deliverables from Hampshire and IOW</p> <p>Report back to YST termly</p> <p>Attend Project Ability/Hub conferences 3 times a year</p>	<p>MC – 1 day a week</p> <p>2 day per term – costs covered by YST</p>	HR MC SF	<p>See Project Ability file</p> <p>Watersports Hub file</p> <p>Innovation School project</p>	Termly
Pompy in the community	<p>Promote Pompy in the community(PITC) inclusive sports club</p> <p>Support opportunities for young leaders through PITC to develop leadership skill through MRS competition , lunch time clubs and curriculum</p>	Met PITC once a term	MC HR KT MW ST AW	Provide opportunity for MRS to link with community organizations and access OSHL opportunities	Termly
Cliffdale Primary	Link with cliffdale primary to extend PE and Sporting opportunities for pupils will additional	HR KT and LQ meeting once per term	HR LQ KT	Allows pupils with more complex additional needs to access curriculum opportunities on a	Termly

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	needs			secure site (MRS or Cliffdale School)	
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Action: Link with other subjects to contribute to pupils overall achievement in their greater social, spiritual, moral and cultures kills					
		Resources	By whom?	Impact	Review
Topic days	Termly topic days links to physical development and wellbeing	Key stage teachers planning time  £100 per topic day	Heads of Key Stages	Pupils have access to physical activities in topic days linked to SSMC and physical development/well being	termly
Summer Show	Movement/dance focused summer show	Whole school  £500 toward specialised resources and coaches	Whole school	All pupils have access to creative dance/movement opportunities linked to different cultures and emotions	July
Linked planning (STP)	Short term planning shows links to SSMC	Planning time	All PE team	Planning allows lessons to focus on key SSMC opportunities within each lesson.	Termly

Action: Increase awareness amongst pupils about the dangers of obesity, smoking and other such activities that undermine pupils' health					
		Resources	By Whom?	Impact	Review
Morning Exercise	All pupils to participate in 10 minutes of morning exercise everyday	Morning exercise CD and resource pack £500 towards resourcing KS1 and 2  Useful websites – 5 a day fitness and cyber coach	All class teachers monitored by AW and KT	All pupils will have opportunity to participate in structured physical activity everyday focusing on healthy bodies healthy minds	Termly



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Healthy school day	Whole school day focusing on what it means to be healthy	Planning team Outside organizations £1000	PE team, PSHE team, Food Studies	Pupils will be opened to the importance of health lifestyle and physical wellbeing	July 17
Links to PSHE curriculum	MTP to show links to PSHE and physical wellbeing	PE team planning time	PE team	Pupils have access to cross curricular opportunities in PE and PSHE	Termly

Total outgoing costs: - £9,260 (not including staff costs)

Total income from Primary PE Premium: - £8000

Mary Rose Academy to cover staff cost and an additional £2000 toward Primary PE and Sport.