

In February 2013 Ofsted produced a report: Beyond 2012 – outstanding physical education for all. From this report there was evidence of improvements to areas with the delivery of PE especially those in the Primary sector. As a result the Government announced new funding of £150 million for physical education (PE) and sport. This funding should be used to improve the quality and breadth of PE and sport provision. The funding is to improve the quality and breadth of PE and sport provision, including increasing participation in PE and sport so that all pupils develop healthy lifestyles and reach the performance levels they are capable of.

Total outgoing costs: - £9,260

Total income from Primary PE Premium: - £8285

Mary Rose Academy contribution: £975

Action: Increase participation rates in activities such as games, gymnastics, dance and swimming					
		Resources	By whom?	What will the impact be?	Evaluation
Lunch time activities	<p>Provide training to all new staff on structured 'Playground Activities' Refresh training for current staff</p> <p>Purchase equipment to ensure new playground activities are well resourced</p> <p>Develop a range of activities and</p>	<p>Inset (2 hrs)</p> <p>Playground equipment £500</p> <p>£150 for specific equipment and resources – incorporate these into the general</p>	<p>PE team to provide afterschool inset for all Ta's in inclusive playground activities</p> <p>KS1 and 2 Co-coordinators. Over seen by KT</p> <p>KT</p>	<p>Pupils will have access to structured physical activities everyday</p> <p>Reduction in behavior incidents during free time (breaks)</p>	<p>Lunchtime activities have been reviewed and developed in order to make them fun, engaging and relevant to all pupils. The varied lunchtime activity structure provides excellent opportunities for pupils with wide range of needs and interests to access different activities. Activities include for example –</p> <p>Judo – Judo Jon Dancing Football Cycling - adapted bikes Swing Ball Trampolining Reading – books Tunnels</p>

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	resources which can be used for specific playground equipment such as the traversing wall and the sunken trampoline	playground activity inset.			<p>The Primary department has also invested in class based lunchtime / break time equipment and activity boxes to ensure that there is a range of suitable equipment to provide a range of structured activities for their pupils during each break / lunch time.</p> <p>Lunch time supervisor staff have also been employed to help set up, over-see, facilitate and work with MRA TA's / Teachers to engage pupils in structured activities.</p> <p>This robust program of activities has helped to engage pupils in positive activities during breaks and lunch times and therefore helped to reduce the number of incidents involving behavior issues.</p>
<p>Out of Hour Learning</p> <p>Eg After School Clubs and Holiday programmes</p>	<p>Rebrand after school clubs and how information is shared with parents, careers and pupils.</p> <p>Expand after</p>	<p>Time. Parent questioners – what do they want? £50</p> <p>Staff costs – 1 hour over time for TAs</p>	<p>SLT KT</p> <p>HR KT SN SF new</p>		<p>The after school club program has been developed to provide a wide range of opportunities for pupils to access a range of different sporting, arts and crafts, life skills and leisure activities helping to promote physical and healthy well-being.</p>

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	<p>school clubs opportunities by providing a range of clubs over different days. These clubs are to support pupil's health and physical wellbeing so should include a diverse range. Clubs to include: Swimming, games, bush craft, outdoor learning, cooking, movement eg sensory and yoga</p> <p>Expand clubs for both pupils and families to promote healthy wellbeing</p> <p>Provide staff with training to be more confident to run alternative activities</p> <p>Working in partnership with</p>	<p>Coaches - £15 ph</p> <p>KT to establish a working party to provide a range of activities that rotate termly – Time</p> <p>Equipment and resources for expansion £1000</p> <p>Twilight inset KT/HR/MW to lead</p> <p>Cost of a coach £15 per hour = £90 per day 2 coaches need = £180 per day 10 week program with 2 coaches £1,800</p>	<p>coaches/external providers</p> <p>HR KT SF</p> <p>HR KT</p> <p>HR/KT/MW/SF/DB/AW/British Canoeing</p>	<p>Wider range of opportunities for more pupils to take up a range of activities to promote physical and healthy wellbeing.</p> <p>Allow families to come together to share experiences in fun and exciting ways in promoting healthy wellbeing. Provide contacts to families for external organisations where activities are on offer</p> <p>A variety of alternative wellbeing clubs on offer</p> <p>Opportunities for pupils and families to be supported in</p>	<p>Included in the program we now offer a parent – pupil, swim where parents can come in to swim with their child at after school club. There are also growing opportunities for pupils and their families to access a wider range of water sports and OAA activities at Fort Purbrook during the holidays. Moreover some pupils are beginning to access swimming clubs at Mountbatten Leisure Centre during holiday and after school times. These opportunities and links with other organizations helps to support pupils and their families to come together to share experiences in fun and exciting ways in promoting healthy wellbeing throughout the year.</p>
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	<p>the watersports program, provide opportunities during the school holidays for pupils and their families to participate in watersports such as katakanuing</p> <p>Working in partnership with For Purbrook Activity Centre provide opportunities during the school holidays for pupils and their families in OAA</p>	<p>Cost of a coach £15 per hour = £90 per day 2 coaches need = £180 per day 12 week program with 2 coaches £2,160</p>	<p>HR/KT/SF/MW/AW/ Fort Purbrook</p>	<p>participating a range of physical and healthy wellbeing activities throughout the school holidays</p>	
KS2 residential	<p>Expanding on the previous years first KS2 residential, work with community partners at For Purbrook activity center, to provide pupils in KS2 with a 2 night, 3 day residential which includes a day of outdoor</p>	<p>£75 per head plus food</p> <p>Approx. 12 pupils and 5 adults</p>	<p>HR AW KS2 teams</p>	<p>Providing young people with the opportunity to participate in a residential in familiar and secure settling. Pupils will have opportunity to participate in a range of physical activities developing their self-confidence,</p>	<p>This year's KS2 residential took place in May. The up take for places has grown! Pupils enjoyed staying at Fort Purbrook and having the opportunity to take part in wide range of physical activities helping to develop many attributes and life skills, for example, self-confidence, self-esteem, social skills and their physical well-being.</p>

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	adventurous activities			self-esteem, and physical well being	
Embed our cross curricular approach to PE, Sport and Outdoor Education	<p>Continue to provide opportunities to have an enriched cross curricular curriculum supported with offsite delivery. Share good practice with other special schools during the HIOW SEND meeting</p> <p>Activities to include</p> <p>Swimming – Mountbatten</p> <p>Gymnastics – Portsmouth gymnastics center</p> <p>OAA – Fort Widley Equestrian center Fort Purbrook</p> <p>Watersports</p>	<p>Cases studies to show impact – Time – KT/SF/HR/MW/AW/JD</p> <p>Termly meetings at HIOW SEND forum – 2 hours cover required</p> <p>Free for school usage</p> <p>£18 per hour</p> <p>£50 Per hour</p> <p>£30 per session Cost of SF</p> <p>£12 per hour</p>	All PE team – HR KT SF AW SN MW CD PH ST	<p>Pupils will have the opportunity to participate in extended activities from the PE curriculum which they will have access to outside the school hours.</p> <p>Pupils will have the opportunity to familiarize themselves with the environments. Parents to be informed of the opportunities availed to them as a family</p> <p>Cross curricular approach will allow pupils to access physical activities not only in their PE lessons</p>	<p>All pupils from across the school have had a wide range of extra-curricular PE opportunities to take part in. Each day pupils are able to take part in sporting break and lunch time activities including – Judo, cycling, team games, tennis, swing ball, races, basketball and football to name a few. Pupils have the opportunity to sign up for afterschool clubs which offer an assortment of other sporting opportunities including OAA, for example, kayaking, team building and problem solving tasks and swimming clubs.</p> <p>We have also further developed our links with Mountbatten Leisure Centre through swimming lessons and sign posting pupils to join and take part in clubs associated and run through the Leisure Centre during holidays and after school.</p> <p>We have also developed links with other local sporting venues, for example, Gosport Planet Ice, Portsmouth Tennis Centre, Red Spider Climbing Centre, Flip Out,</p>

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	Portsmouth Judo				Fort Purbrook (Climbing/Shooting/Archery/Bush Craft) and our very own Water Sports Hub to name a few!
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Action: Increase and have success in competitive school sport					
		Resources	By Whom?	Impact	Evaluation
Hampshire and IOW inclusive competition booklet	All KS2 classes to have accessed at least 1 competition from the Hampshire and IOW competition booklet	2 classes per term out for the day. £100 per term = £300	MC HR KT AW	Pupils have opportunities to inclusive competitions. Pupils are open to develop SMSC through competition	All pupils across the school have had the opportunity to take part in a range of festivals, activities and competitions the Hampshire and IOW competition calendar. In particular our Sport and Movement Festivals held at Mary Rose Academy continue to grow in popularity with a waiting list for schools to take part. Through these we have developed our links with local coaches Bronwyn Carter, Portsmouth College Sports Leaders, Redwood Park Sports Leaders and Brighton and Hove Football Club. The wide range of inclusive competitions,

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					coaches, sports leaders and pupils from across Hampshire has helped our pupils to grow in confidence, self-esteem, communications skills and develop friendships with pupils from other schools.
Level 1 competition (intra School)	Set up a school teams system which as a whole school approach (not just PE and Sport) Level 1 (intra) school competition in place for all pupils to have access to competition	Time. Working group established including PE team. PE team to share successes of Level 1 competition and how to expand on this to have a whole school approach. team to devise a level one competition format Equipment £1000 over the year	SLT WLT PE Team	All pupils will have access to competitive opportunities. Pupils will develop skills such as turn taking, cooperation, communication and leadership	Level one competition has taken part in various elements throughout the year within themed sport and art days, Sport and Movement Festivals and activities based in Morning Exercise.
Hampshire School Games	Entre 1 team into the Hampshire School Games	Specific coaching towards the event (summer term- bronwin?) Travel costs	KT	Pupils will have the opportunity to compete at Level 3 (county level) competition against pupils of a similar ability from across the county.	Pupils have enjoyed taking part in lots of opportunities engaging in a range of sports and activities from the Hampshire School Games Calendar competing against pupils from other

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					schools of similar ability within events such as Water Sports, Racket Sports, Ball Skills activities, Pentathlon
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Action: Provide a PE Curriculum that is inclusive to all					
		Resources	By Whom?	Impact	Evaluation
Review PE long term plans	PE long term plan was reviewed in July 2016 to reflect our school values. Continue to review the curriculum to ensure breath, coverage and inclusiveness for all ensuring pupil's health and physical wellbeing is at the heart of it.	PE team time = half a day	HR MC KT AW MW CD PH SF	Ensuring that all pupils have success to a broad and inclusive PE curriculum	With the launch of the new Mary Rose Academy Curriculum being introduced the PE Team have enjoyed developing the PE Long Term Map ensuring that all pupils across the school are able to access a broad, inclusive creative curriculum. This robust planning has helped staff to tailor planning to individual pupils and ensure that all pupils have the opportunity and means to achieve their personal best within a wide range of activities.
Specialised Coaching	Sustain opportunities for specialized coaching within the curriculum	Cost for coach approx. £15 ph	HR MC KT AW MW CD PH SF	Ensuring that all pupils have success to a broad and inclusive PE curriculum	We have worked hard to maintain and develop our links with our specialist coaches. We

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	E.G – Judo Horse riding				have developed our Outdoor Adventurous Activities to link further with cross curricular focus to link with PE. We have also maintained our links with Specialist Judo Coach Jon and Athletics Coach Bronwyn Carter in training for the Special Olympics.
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Action: Develop a range of provisional and alternative sporting activities.					
		Resources	By Whom?	Impact	Review
See previous points above					

Action: Continue to develop partnership work on primary physical education with other school and local partners					
		Resources	By Whom?	Impact	Review
Continue to lead on National YST work through Project ability and Inclusion Partnership	Continue to work on the National Project deliverables from Hampshire and IOW	MC – 1 day a week	HR MC SF	See Project Ability action plan evidencing impact	Termly by MC and school staff from participating schools(see separate report)
Watersports Hub Innovation Schools	Report back to YST termly			Watersports Hub file Innovation School project	
	Attend Project Ability/Hub conferences 3 times a	2 day per term – costs covered by YST			

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School Games Gold School	year				
Cliffdale Primary	Link with Cliffdale primary to extend PE and Sporting opportunities for pupils will additional needs	HR KT and LQ meeting once per term	HR LQ KT	Allows pupils with more complex additional needs to access curriculum opportunities on a secure site (MRS or Cliffdale School)	Termly Options for swimming provided for pupil with physical disabilities very successful

Action: Link with other subjects to contribute to pupils overall achievement in their greater social, spiritual, moral and cultures kills					
		Resources	By whom?	Impact	Review
Topic days	Termly topic days links to physical development and wellbeing	Key stage teachers planning time £100 per topic day	Heads of Key Stages	Pupils have access to physical activities in topic days linked to SSMC and physical development/well being	We have really enjoyed taking part in a range of Topic and Theme Days to increase and develop opportunities for pupils to access a wider range of physical activities with an increased awareness and focus on developing pupils SMSC and well - being, for example, self-confidence, communication skills, turn taking, self-esteem and values – honesty, trust, integrity, team spirit and fun to

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					name a few!
Summer Show	Movement/dance focused summer show	Whole school £500 toward specialised resources and coaches	Whole school	All pupils have access to creative dance/movement opportunities linked to different cultures and emotions	All pupils from across the school enjoyed working in a creative process to develop and take part in dances and creative movement from different decades and cultures to perform the Summer Show 'Now That's What I Call the Decades' – focused on music from the 1940's – present day as a present to parents and carers. Pupils relished the opportunities to explore their body awareness and learn new routines to perform in front of audiences in the Hall.
Linked planning (STP)	Short term planning shows links to SSMC	Planning time	All PE team	Planning allows lessons to focus on key SSMC opportunities within each lesson.	Medium Term Plan formats have now been developed to include and clearly show links to SMSC for each terms work / area / activities. Staff work hard to incorporate elements from SMSC into their Short Term Planning and ensure that pupils have many opportunities to

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					develop these invaluable life skills.
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Action: Increase awareness amongst pupils about the dangers of obesity, smoking and other such activities that undermine pupils' health					
		Resources	By Whom?	Impact	Evaluation
Morning Exercise	All pupils to participate in 10 minutes of morning exercise everyday	Morning exercise CD and resource pack £500 towards resourcing KS1 and 2 Useful websites – 5 a day fitness and cyber coach	All class teachers monitored by AW and KT	All pupils will have opportunity to participate in structured physical activity everyday focusing on healthy bodies healthy minds	Pupils at Mary Rose Academy take part in structured Morning Exercise each day. These activities, tailored to the pupils' ability and needs helps to focus and raise awareness on healthy bodies and minds and being ready for the day. Morning Exercise is also now followed by Sensory Circuits in ASC classes which also helps to further support pupils to develop their sensory diet and readiness to learn.
Healthy school day	Whole school day focusing on what it means to be healthy	Planning team Outside organizations £1000	PE team, PSHE team, Food Studies	Pupils will be opened to the importance of health lifestyle and physical wellbeing	Pupils are encouraged daily to develop their awareness and knowledge of maintaining healthy lifestyles and their own and others physical well – being. This happens through the PE

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					<p>curriculum, break and lunchtime activities and morning exercise. We particularly focus on healthy lifestyles and physical well-being on our special theme and activities day with a big celebration on our annual School Games Day (Sports Day). Pupils have the opportunity to take part in a wide range of activities to develop their individual physical skills, team work, communication and also work with different friends from across the school in teams and Sports Leaders, for example from Redwood Park School, Admiral Lord Nelson School and Portsmouth College.</p>
Links to PSHE curriculum	MTP to show links to PSHE and physical wellbeing	PE team planning time	PE team	Pupils have access to cross curricular opportunities in PE and PSHE	Pupils are encouraged to develop their awareness, knowledge and skills around their own PSHE. This focus helps to develop pupils independence in getting

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					themselves changed before and after activities, their basic hygiene and transferring these skills into other aspects of their daily routines.
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